

Catechism in Lent

Introduction

This is a study guide for the teachings of the *Catechism of the Catholic Church* on the crucifixion and death of Lord, on certain Eucharistic teachings, on sin, and on the one verse of the Our Father: “Thy will be done.”

There is no other way to Easter than through Lent. But Lent is not celebrated merely by fasting but by an intelligent and humbled love. The Church nourishes our love by her teachings and by the Sacrifice of the Mass in which we unite ourselves most intimately with our Lord in the Sacrifice of Calvary. By seeking a deeper understanding of sin, by going to Confession in a loving manner, and by seeking always the pure will of the Lord, we unite ourselves with Him every day and prepare both for the coming Easter and for the final Easter of our resurrection in Heaven.

It is the intent of this study guide to encourage the reading of the Catholic Catechism itself, rather than to become an alternative text. The Catechism is clear enough, but sometimes too dense to absorb readily. The questions are designed to help you process the Catechism in relation to your own thoughts and experiences. The answers to the questions, such as they are, are in the Catechism, in the referenced paragraphs.

Note: a question without any asterisk should have its answer directly in the given paragraph from the Catechism.

A single asterisk marks those questions whose answers are found in scripture.

A double asterisk means a reflective question; answers will differ.

A triple asterisk marks those questions whose answer is entirely personal. These may be the most important questions, but ones in which we may benefit from each others’ answers; nevertheless, even in a discussion or classroom setting, complete freedom to maintain personal privacy must, of course, prevail.